



[Visit Our Website](#)

[Subscribe To Our Blog](#)

[Contact Us](#)



Get Your Free Aging in Place Kit



Your free Aging in Place Kit is waiting!

Get your Kit and learn about the ingredients you need to age in place, like financial security, holistic wellness, care coordination, home accessibility, and more.

Get Your Kit

eMeetinghouse Blog Post



It is true -- a new year can be a great opportunity to focus on making positive improvements in your life and changing for the better.

Read this post on the Friends Life Care eMeetinghouse blog and get ideas for resolutions you can pursue in 2024.

Read More

You're Invited! Retirement Planning Webinar/Seminar.



Whether you are retired, semi-retired, or thinking about retiring, a Friends Life Care informational presentation may be useful to you.

There are dates and times available for both online webinars and in-person seminars. Find one that fits your schedule and bring a family member or friend. We look forward to seeing you. So, register today.

Register Today

Honestly Aging by Friends Life Care VigR® Podcast



On this episode of Honestly Aging by Friends Life Care VigR®, Sarah Forti, Realtor & Team Owner, and Gina Bass, LSW, from [**Forti Homes/Keller Williams**](#) discuss the process of planning for aging in place, downsizing, moving, and more.

It is never too early to connect with the team at Forti Homes and start talking about your real estate plans for the future. There can be both practical and emotional sides to moving. Sarah Forti and Gina Bass of Forti Homes work with clients on both.

Watch Now

Listen Now

eMeetinghouse Blog Post



5 Ways to Turn a Season of Gloom into a Season of Bloom

Brrr! It's cold outside in Pennsylvania and Delaware.

While winter can have a negative impact on some people, it doesn't have to.

Read this article and learn ways to spend this blustery season working on getting healthier, smarter, with a more well-rounded style of life.

[Read More](#)

SAGECare Platinum Credentialed

Friends Life Care Partners
Earns Platinum
SAGECare Credentialing



**Friends LifeCare
Partners**
Pioneer. Innovate. Inspire.



Friends Life Care Partners is pleased to share that we are a SAGECare Platinum Credentialed provider for the third year in a row!

To receive this credential, Friends Life Care Partners staff completed training to equip them with the knowledge to provide exceptional services and foster a more welcoming community for LGBTQ+ older adults.

[Read More](#)

Honestly Aging by Friends Life Care VigR® Podcast



Hospice care can bring up feelings of fear and apprehension. It doesn't have to, though. In fact, hospice care can be a time of support, connection, and peace.

On this episode of Honestly Aging by Friends Life Care VigR®, Shawn Schmitt discusses how hospice provides a whole system approach to end-of-life care.

[Watch Now](#)

[Listen Now](#)

eMeetinghouse Blog Post



Caught in the middle of raising children and caring for aging parents, you likely find yourself a part of the 'Sandwich Generation.' You're constantly juggling roles, and your needs often take a backseat.

There is much you can learn from this journey, though. And you have time to put plans in place for your own retirement years with more options available when you are younger and healthier.

[Read More](#)



VigR® Chats
Library



Informational
Sessions



Honestly Aging
Podcast



[Share with a Friend](#)

This email was sent by: Friends Life Care
460 Norristown Rd, Suite 300, Blue Bell, PA, 19422 US